



NEWSLETTER



VFW Post 7288 - Calabash, NC - Nov./Dec., 2015

COMMANDERS MESSAGE



As this will be the last Post newsletter for 2015, I'd like to take this opportunity to thank the many regular members of the Post, the Auxiliary and the Men's Auxiliary for their volunteerism and support this year! We have accomplished great things together and it is only because of the efforts of so many volunteers that we can continue to meet the challenges ahead and live up to the motto of the Veterans of Foreign Wars –

“Honoring the dead by helping the living”. It goes without say that nobody does more for veterans than the VFW!

I hope that in the coming weeks, as we gear up for the holidays, that you take time to remember the many men and women that served our country and made the ultimate sacrifice to preserve our freedoms and way of life. It is because of their sacrifices and the sacrifices of their families that we have much to be thankful for!

On behalf of the officers of VFW Calabash Post #7288 I wish you all a safe and Happy Thanksgiving, a very Merry Christmas and a Happy, Healthy and Prosperous New Year in 2016!

Communicating to Members

Communications is the key to providing valuable information to members of the VFW! Have you been to one of VFW Calabash Post #7288's regular or auxiliary meetings held every month? Have you been to the VFW National or VFW Calabash Post #7288 websites to find the latest veteran information and happenings? Have you been to the Post's Facebook page to see what the Post and its members have been up to? Do you look at the bulletins boards in the Post's Canteen to read the latest news? Have you received and actually read your copy of the Post's bi-monthly newsletter? Well, only you can answer these questions.

As you can see, there are many ways that we communicate to our members. Only through communications can you find valuable information about the VFW; what is happening at the Post, what the Post is doing to support veterans and veterans families in need, what changes or additional benefits are coming that you may be eligible for and need to know. Every other month we publish information of interest to keep our members informed. It is also a place to find out about veterans benefits: what they are, who is eligible, how to apply for these benefits and who to contact to get help.

We can provide the information but if you don't read it you may be missing out on life changing benefits that you could be eligible for as a veteran.

Veterans Administration Benefits! Please Read! You Don't Want to Miss This One!

The U.S. Department of Veterans Affairs, Veterans Administration provides many different benefits to veterans and their families. Understanding these benefits is not an easy task and finding information about them can be a challenge.

Two of these benefits are explained in this newsletter on the page titled: Veterans Administration Veterans Benefits. The two benefits are “Survivors Pension” and “Aid & Attendance and Housebound”.

Please take the time to read about these two benefits that are available to a qualifying surviving spouse and unmarried dependent children of deceased veterans with wartime service. The deceased service member does not need to be retired military or have a military disability in order for the qualifying surviving spouse or unmarried dependent to be eligible for these benefits.

You may be surprised to hear about these veterans' survivor benefits! More importantly, you or someone you know may be eligible! For some, or many, these benefits for eligible survivors can be life changing!

For more information or questions regarding these benefits, please call the Brunswick County Veterans Services Office, located in Bolivia, North Carolina at (910) 253-2233.

TOYS FOR TOTS

A lot of great work has been done throughout this past year and as always, the year has flown by us. It is hard to believe that Christmas is less than eight weeks away! As usual, we have already been visited by the U.S. Marine Corps Reserve coordinator in preparation for their Toys For Tots annual campaign.

The mission of the U. S. Marine Corps Reserve Toys for Tots Program is to collect new, unwrapped toys during October, November and December each year, and distribute those toys as Christmas gifts to less fortunate children in the community in which the campaign is conducted. Local Toys for Tots Campaign Coordinators conduct an array of activities throughout the year, which include golf tournaments, foot races, bicycle races and other voluntary events designed to increase interest in Toys for Tots, and concurrently generate toys and monetary donations.

The Coordinator has placed two collection boxes for donations of unwrapped toys in the Post Canteen and plan to provide a locked box for monetary donations should donors prefer to give cash or checks vs. toys. The Marine Corps Reserve will be making weekly or more frequent pickups for donations and the last collection this year will be on December 10th. Please don't wait until the last days of the campaign to donate! There are many children in need and early donations help!

Toys For Tots is a top-rated charity and over 97% of your donations go directly to the Marine Corps Reserve's mission of providing toys, books, and other gifts to less fortunate children.

This year I have asked Post Trustee Vince Krasniewicz to be the Post Liaison with the Marine Corps Reserve Coordinator for the Toys For Tots campaign. If you have any questions, please contact Vince. As you have always been, please continue to be generous to those children that are less fortunate and in greater need! Thank you in advance for your continued support!

Rick Aronio, Commander

LADIES AUXILIARY

LADIES AUXILIARY OFFICERS

President.....	Brenda Arnold.....	910 279-0870
Sr. Vice Pres.....	Sharon Kossler.....	910 575-6322
Jr. Vice Pres.....	Pat Hinkley.....	910 712-1908
Chaplain.....	April Farquhar.....	910 274-8069
Treasurer.....	Susan Burchacki.....	856 761-2200
Secretary.....	Shari Warner.....	802 683-4223
Conductress.....	Pinky Hindman.....	910 579-0073
Guard.....	Cathy Milstead.....	910 575-5851



Dear Sisters,

Summer is over and we are headlong into fall with a very busy agenda. Here is a summary of what is happening in the Auxiliary:

At our October meeting, we welcomed our first male member, Edward Raulsome. Mr Ralosome's wife Barbara is a very active member of our Auxiliary and he comes in under his son who is active duty military. We are pleased to welcome him

into our Auxiliary.

Our Post held the POW/MIA service on September 18th at 11:00 a.m. Our ceremony represents a reminder of the lives of each of the missing and their loved ones who keep the faith, still waiting for answers.

The Council of Administration meeting, (C of A) was held in Greensboro, NC, October 2-4. This was our own, Fran Redfield's homecoming as Department President. Unfortunately, many of us could not attend because of the threatening weather of a hurricane.

Our annual Warrior Ride luncheon was held at our Post on October 16th. It was both an honor and a humbling experience for us to participate in serving lunch to the riders, their support team and Brunswick County Law Enforcement.

Our AUX worked the NC Oyster Festival held in Ocean Isle Beach Oct 17-18. It took a huge commitment from our AUX to cover entrances into the Festival for the weekend. It was a huge success and we are happy we are donating proceeds to our Post 7288 to cover repairs and renovations for the back hall. Kudos to all who participated, we could not have done it without you.

Coming Events

7 NOV - Buddy Poppy Drive will be Nov 7th and sign-up sheets are on our bulletin board in the canteen. PLEASE sign up for one of the three two-hour shifts at Food Lion stores in Sunset Beach or Carolina shores. We need you!

11 NOV - November 11 @ 11:00 we will honor Veterans Day. Our AUX will participate in the ceremony and serve hot dogs and chips after the ceremony. Plan to attend.

19-22 NOV - Southern Conference will be held in Savannah, GA Nov 19-22. Many of our officers will be attending to bring you up-to-date information on our Conference.

5 DEC - AUX 30th Anniversary/Pin ceremony will be held December 5th from 2-4 pm. Pins will be awarded for number years of service to the Auxiliary. We will also be celebrating our AUX 30th year anniversary. Refreshments will be served.

8 DEC - We are in full swing collecting Christmas Wish List items for the VA Hospital in Fayetteville. According to Norma Fraser, Chief of Voluntary Services, items needed are Personal toiletries, TRAVEL SIZE, to include shampoo, conditioner, lotion, body wash, deodorant, toothpaste, toothbrush holders, dental floss, combs/small hairbrushes, and chap stick. Other items are puzzle books, mechanical pencils/pens/notepads, pocket-size calendars, magazines (no more than three (3) months old), sweat shirts and pants, t-shirts, Wal-Mart gift cards, movies, music and compact discs. NO RAZORS, BAR SOAP OR ALCOHOL, PLEASE. Cash donations will be accepted and our Auxiliary members will shop for you. Please be generous and bring your items to the December 8th Auxiliary meeting. Please note, our RSVP Christmas luncheon will follow our 12:00 meeting. Cost will be a donation to the VA Hospital – Fayetteville Christmas drive. Delivery to the hospital will be December 15th.

12 DEC - The WWII and Pearl Harbor celebration dinner and entertainment will be held at the Post. Our Post will be preparing food and we will need six AUX members to sign up to decorate the tables and presenting food to our honorees, rating, and cleaning up.

Christmas will be upon us before you know it. Cherish time with your families but please take time to pray for our veterans who cannot be with their families at Christmas. Pray Godspeed in their safe return to the arms of their loved ones.

God Bless
Brenda Arnold

National President of Auxiliary Visits



VFW Calabash Post #7288 was honored with a visit by the National President of the Auxiliary September 6th through the 8th. There were visits to area attractions and special dinners, capped by a Filet Mignon Banquet at the Post that included music and dancing the evening of the 8th. Pictured are the Presidents Three. At left is Fran Redfield, NC State VFW Auxiliary President; center is Brenda Arnold, President of Calabash VFW Post 7288's Auxiliary and at right, the guest of honor Francisca Guilford, National President of the Auxiliary. Guilford visits each state's Department President's home post and Redfield is the Department President of North Carolina and immediate Past President of Post 7288's Auxiliary. The well-attended event included the Mayor of Calabash and VFW leaders at the state, district and local levels.

MEN'S AUXILIARY

Comrades,

The past couple of months may appear to have been a little slow activity-wise, hardly the case.

We prepared two dinners for the National Auxiliary President's visit to the Post and for the Warrior Ride luncheon. We also just finished coordinating the parking detail at the Ocean Isle Beach Oyster Festival - no small undertaking. A special thank you to Wayne Spears, Stan Burchaki and Roy Mitchell for coordinating the 53 volunteers that worked over the weekend, helping making this another successful undertaking. The NFL season is now in full swing and the Men's Auxiliary has taken it turns to prepare the food on NFL Sundays and we continue to support the Post with the lunches each week on Monday, Wednesday and Friday.

Special thanks go out to Joe Nance and Phyllis Roup for their continued help and support in the kitchen for the Warrior Ride and many other events and to Wayne Spears and his crew for the dinner they prepared for the National Auxiliary President's visit.

Volunteers are desperately needed to help with our lunches each Monday, Wednesday and Friday. You don't have to be a cook to help out as there are other ways you can assist and it doesn't have to be every day. If you can spare 4 hours every couple of weeks it would be greatly appreciated. If you're willing to help just let me know.

We also need volunteers to help with the food offering for NFL Sundays in November and December. There is a sign up sheet on the Men's Auxiliary bulletin board. We always need an extra body to help out.

It seems like same people are always stepping up and volunteering over and over for dinners, lunches or other special events. Even if you can't cook there are other ways you can assist. Don't be afraid to step up and volunteer. The person in charge of the function will instruct you on what needs to be done. It's not only kitchen work but sometimes tables and chairs in the hall need to be setup a certain way prior to the function or reset afterwards.

Just a reminder that Men's Auxiliary members annuals dues are due by the end of December. Please pay ASAP so we all can get our cards in a reasonable amount of time. Check your emails, you have been sent a renewal form.

Don Thompson
President



Join us at 6:30 p.m. "It could be your lucky day"

11/5 Durwood Jackson, Marcy Biddle, Ken Keil, Sue Burchaki
11/12 JC Peloquin, Jerry Baum, Eric Johnson, Linda Johnson
11/19 Wayne Wiszka, Bill McDavid, Ed Warner, Shari Warner
11/25 HAPPY THANKSGIVING

12/3 JC Peloquin, Nick Micale, Marty Green, Sue Burchaki
12/10 Linda McPhearson, Don Thompson, Greg Tucker, Jim & Cathy Milstead
12/17 Wayne Spears, Greg Fallus, Bob Hall, Arlene Spears
12/24 MERRY CHRISTMAS

NEW MEMBERS

Jeffrey Belcher, Robert (Steve) Holland, Thomas Marangelli, Mike Moss, William Reinhardt Jr., Richard Reynolds, Charles Tinkham Jr.

SICK

SICK - Mickey Golden, Frank Pinkerton, Stuart South, Joe Williams.

Send a Card . . . Say a Prayer

DECEASED

Tom Esworthy, Robert J. McCleary, Ed Wood
Pat Kane (Auxiliary)



HAPPY BIRTHDAY !
If your Birthday is in November or December, stop in at the Post, let the bartender know that you are celebrating your birthday and enjoy a free beverage on us.



**7288 Members
GOLF LEAGUE
Nov. / Dec.
Schedule**

Nov 2	Tigers Eye	7:00	Dec 7	Leopard's Chase	7:30
Nov 9	Seatrail Jones	7:40	Dec 14	Barefoot - Dye	7:30
Nov 16	Crow Creek	7:30	Dec 21	NO GOLF	
Nov 23	Thistle	7:30	Dec 28	NO GOLF	
Nov 30	Sandpiper	8:00			

VFW Tournament will be played Nov. 9th



**"Best Breakfast
In Town!!"
First Sunday of
The Month
8 to 11 a.m.
\$6.00 per person**

Happy Holidays to all !



**Merry
Christmas**

Flag Education Committee



It's always rewarding for the members of the Flag Education Committee at VFW Calabash Post #7288 when they visit elementary schools in Brunswick County to explain the history and proper handling of the American Flag. On October 13th the team visited Waccamaw Elementary in Ash, NC where nearly a hundred fourth and fifth grade students were eager to learn. After Old Glory was unfolded and presented to the students there was the Pledge of Allegiance before the folding of the flag with each fold's symbolism described. After the formal presentation the students were given a chance to ask questions and the VFW members never know what to expect. They were all warmed, however, when one student (pictured with hand raised) was recognized by Past Post Commander Ray Ketcham and simply said "thank you all for your service."

Among the most rewarding missions of VFW Calabash Post #7288 is the Flag Education detail, in which Post members visit area elementary schools where students eager to learn are told about the history of and proper handling of the American Flag. Such was the case on October 13th when the Post members visited Waccamaw Elementary in Ash, NC to explain Old Glory to the fourth and fifth graders. Pictured explaining the folds of the flag are (left to right) Rich Murray, Ray Ketcham (back to camera) and Tom McCormack. After the folding of the flag the students are given a chance to ask questions of the Post veterans. They're always challenging but perhaps the best interview was of a student who simply



National POW/MIA Recognition Day

September 18th was a day to pray for, remember and honor the servicemen and women from our nation's wars who are still missing or held prisoner by enemy forces. For the past 36 years the third Friday in September has been set aside as National POW/MIA Recognition Day. At VFW Calabash Post #7288 it's a special day filled with symbolism and tributes to those still missing. Pictured placing tributes on the altar are Post Junior Vice-Commander Bob Hall and Auxiliary President Brenda Arnold. There was also the touching empty chair table signifying members of the armed services who are missing from our ranks. Dating from World War Two, there are more than 83,000 service members still missing in action.

CALENDAR OF EVENTS

NOVEMBER 2015

Nov 1 Breakfast - 8 to 11 a.m.
 Nov 1 NFL Sunday - Men's Auxiliary
 Nov 3 Post Member Meeting 10 a.m.
 Nov 3 Men's Auxiliary Meeting 2:30 p.m.
 Nov 5 BINGO 6:30 p.m.
 Nov 7 Great Drawing 6 p.m.
 Nov 8 NFL Sunday - Post
 Nov 9 Post Golf Tournament - Seatrail Jones
 Nov 10 Ladies Auxiliary Meeting 1 p.m.
 Nov 10 Marine Corp Birthday - No Darts
 Nov 11 Veterans Day Ceremony
 Nov 12 BINGO 6:30 p.m.
 Nov 14 Ladies Auxiliary 30th Anniversary Celebration
 Nov 15 NFL Sunday - Ladies Auxiliary
 Nov 19 BINGO 6:30 p.m.
 Nov 22 NFL Sunday - Post
 Nov 26 BINGO 6:30 p.m.
 Nov 29 NFL Sunday - Post

DECEMBER 2015

Dec 1 Post Member Meeting 10 a.m.
 Dec 1 Men's Auxiliary Meeting 2:30 p.m.
 Dec 3 BINGO 6:30 p.m.
 Dec 6 Breakfast - 8 to 11 a.m.
 Dec 6 NFL Sunday - Men's Auxiliary
 Dec 8 Ladies Auxiliary Meeting 1 p.m.
 Dec 10 BINGO 6:30 p.m.
 Dec 11 Hall Rental - The Farm
 Dec 12 WWII Party & Pearl Harbor 3 p.m.
 Dec 13 NFL Sunday - Post
 Dec 17 BINGO 6:30 p.m.
 Dec 20 NFL Sunday - Ladies Auxiliary
 Dec 24 No Bingo - Canteen Closes 4 p.m.
 Dec 25 Canteen Closed
 Dec 27 NFL Sunday - Post
 Dec 31 No Bingo
 Dec 31 New Year's Eve Party

VETERANS ADMINISTRATION BENEFITS INFORMATION!

Survivors Pension:

<http://www.benefits.va.gov/pension/spousepen.asp>

The Survivors Pension benefit, which may also be referred to as Death Pension, is a tax-free monetary benefit payable to a low-income, un-remarried surviving spouse and/or unmarried child(ren) of a deceased Veteran with wartime service.

Eligibility

The deceased Veteran must have met the following service requirements:

- For service on or before September 7, 1980, the Veteran must have served at least 90 days of active military service, with at least one day during a [war time period](#).
- If he or she entered active duty after September 7, 1980, generally he or she must have served at least 24 months or the full period for which called or ordered to active duty with at least one day during a [war time period](#).
- Was discharged from service under other than dishonorable conditions.

Survivors Pension is also based on your [yearly family income](#), which must be less than the amount set by Congress to qualify.

While an un-remarried spouse is eligible at any age, a child of a deceased wartime Veteran must be:

- Under 18, **OR**
- Under age 23 if attending a VA-approved school, **OR**
- Permanently incapable of self-support due to a disability before age 18

Your yearly family income must be less than the amount set by Congress to qualify for the Survivors Pension benefit. Learn more about [income and net worth limitation](#), and see an example of how VA [calculates](#) the Survivors Pension benefit.

How to Apply

To apply for Survivors Pension, download and complete [VA Form 21-534EZ](#), "Application for DIC, Death Pension, and/or Accrued Benefits" and mail it to your [local regional benefit office](#). You can locate your local regional benefit office using the [VA Facility Locator](#). You may also visit your local regional benefit office and turn in your application for processing.

You must send the completed application and any copies of other documents to the VA regional office that serves your area of residence. [Find the office of jurisdiction](#).

How to Calculate Survivors Pension

Your yearly family income must be less than the amount set by Congress to qualify for the Survivors Pension benefit. If eligible, your pension benefit is the difference between your "countable" income and the [annual pension](#) limit set by Congress. VA generally pays this difference in 12 equal monthly payments.

Income and Net Worth Limitations

Countable income includes income from most sources as well as from any eligible dependents. It generally includes earnings, disability and retirement payments, interest and dividend payments from annuities, and net income from farming or a business. Some expenses, such as unreimbursed medical expenses, may reduce your countable income.

Net worth includes assets such as bank accounts, stocks, bonds, mutual funds, annuities, and any property other than your residence and a reasonable lot area. You should report all of your net worth. VA will determine whether your assets are of a sufficiently large amount that you could live off of them for a reasonable period of time.

Hypothetical Example VA Pension Benefit Calculation

Your [Survivors Pension](#) is calculated to be an amount equal to the difference between your countable family income and the [annual pension](#) limit set by Congress.

If, for example, the annual income limit on December 1, 2005, for a spouse without a dependent, as set by Congress, is \$7,094 and your income is \$6,000, your VA Survivors Pension will be \$1,094 ($\$7,094 - \$6,000 = \$1,094$) paid in monthly installments.

- If your [total countable income](#) is more than the **\$7,094 in this example**, then you are **not eligible** for VA Survivors Pension for that year. You may reapply again at any time your countable income falls below the limit.

A portion of your unreimbursed medical expenses (what you paid out of pocket after medical insurance pays) may reduce your **countable income**. You can apply the portion of your unreimbursed medical expenses only if the expenses **exceed 5% of the maximum annual rate** allowed by Congress. Using the example above for an income of \$6,000:

If your medical expenses for a year are **\$8,000** and your medical insurance pays **\$6,400** of that, your **unreimbursed medical expense** is ($\$8,000 - \$6,400$) **\$1,600**.

The **unreimbursed medical expenses** must **exceed 5% of \$7,094**, or **\$354** to be deductible. Since your unreimbursed medical expenses (\$1,600) in this example are greater than \$354, the portion of

the unreimbursed medical expenses that exceed \$354, or **\$1,246**, may be deducted from your total combined income which then increases the amount VA will pay to you.

- The (\$1,600 - \$354) \$1,246 out of pocket medical expenses will reduce your income from \$6,000 to \$4,754 (\$6,000 - \$1,246).
- Your VA pension would then be **\$7,094** (maximum rate for a spouse with no dependents) **minus \$4,754** (total income after deducting unreimbursed medical expenses), or **\$2,340** for that year.

Aid & Attendance and Housebound

Veterans and survivors who are eligible for a VA pension and require the **aid and attendance** of another person, or are **housebound**, may be eligible for additional monetary payment. These benefits are paid in **addition** to monthly pension, and they are not paid without eligibility to Pension.

Since Aid and Attendance and Housebound allowances increase the pension amount, people who are not eligible for a basic pension due to excessive income may be eligible for pension at these increased rates. A Veteran or surviving spouse may not receive Aid and Attendance benefits and Housebound benefits at the same time.

Aid & Attendance (A&A)

The Aid & Attendance (A&A) increased monthly pension amount may be added to your monthly pension amount if you meet one of the following conditions:

- You require the aid of another person in order to perform personal functions required in everyday living, such as bathing, feeding, dressing, attending to the wants of nature, adjusting prosthetic devices, or protecting yourself from the hazards of your daily environment
- You are bedridden, in that your disability or disabilities requires that you remain in bed apart from any prescribed course of convalescence or treatment
- You are a patient in a nursing home due to mental or physical incapacity
- Your eyesight is limited to a corrected 5/200 visual acuity or less in both eyes; or concentric contraction of the visual field to 5 degrees or less

Housebound

This increased monthly pension amount may be added to your monthly pension amount when you are substantially confined to your immediate premises because of permanent disability.

How to Apply

You may apply for Aid and Attendance or Housebound benefits by writing to the [VA regional office](#) where you filed a claim for pension benefits. If the regional office of jurisdiction is not known, you may file the request with any [VA regional office](#). You should **include copies of any evidence**, preferably a report from an attending physician validating the need for Aid and Attendance **or** Housebound type care.

- The report should be in sufficient detail to determine whether there is disease or injury producing physical or mental impairment, loss of coordination, or conditions affecting the ability to dress and undress, to feed oneself, to attend to sanitary needs, and to keep oneself ordinarily clean and presentable.
- Whether the claim is for Aid and Attendance or Housebound, the **report should indicate how well the applicant gets around**, where the applicant goes, and what he or she is able to do during a typical day. In addition, it is necessary to determine whether the claimant is confined to the home or immediate premises.

Eligible Wartime Periods

Under current law, VA recognizes the following wartime periods to determine eligibility for VA Pension benefits:

- Mexican Border Period (May 9, 1916 – April 5, 1917 for Veterans who served in Mexico, on its borders, or adjacent waters)
- World War I (April 6, 1917 – November 11, 1918)
- World War II (December 7, 1941 – December 31, 1946)
- Korean conflict (June 27, 1950 – January 31, 1955)
- Vietnam era (February 28, 1961 – May 7, 1975 for Veterans who served in the Republic of Vietnam during that period; otherwise August 5, 1964 – May 7, 1975)
- Gulf War (August 2, 1990 – through a future date to be set by law or Presidential Proclamation)

COASTAL COLUMBIA WARRIOR RIDE

VFW Calabash Post 7288 hosted a lunch for 30 members of the Coastal Carolina Warrior Ride as they arrived at the last stop of their current trek on Friday October 16th. The Warrior Ride was founded by Bob Racine and his late wife Debra of Oak Island, NC several years ago. It's a tool to give returning wounded heroes from our nation's wars a chance to use specially fitted bicycles to pedal hundreds of miles and by doing so to realize their full potential and redefine their capabilities. Racine says when troops return from combat areas they often bring their hostilities with them which leads to broken homes, lost marriages and friendships. This despair, he says, is lessened considerably as the riders' confidence builds and the camaraderie gives them a chance to vent any hostilities. During the hot lunch offered at VFW Calabash Post 7288 the riders were served by members of the Post Auxiliary before posing for pictures and heading out for more bicycling and the constructive enjoyment it fosters.



Members of the VFW Calabash Post 7288 cheer as the Warrior Ride participants arrive at the Post for a hot lunch.



A hot lunch awaited the Coastal Carolina Warrior Ride at VFW Calabash Post 7288 on October 16th.



Volunteers from the Auxiliary at Post 7288 were ready to serve the heroes from the Coastal Carolina Warrior Ride.



Past Commander Ray Ketcham discusses the benefits of the Warrior Ride with its founder Bob Racine during lunch for the riders.



Satisfied with a hot lunch, participants in the Warrior Ride posed for a group picture before leaving the Post 7288 on their specially fitted bikes.



Just a great day for everyone!